UMPQUA HEALTH
NEWTON CREEK

I'm sick or hurt,

Where should I go?

GO TO EMERGENCY ROOM OR CALL 911

Emergency rooms should be used for very serious or life threatening problems, when you need medical care now and cannot wait.

Examples include:

- Chest Pain
- Vomiting blood
- Severe burns and cuts
- High fevers
- Seizures
- Numbness in leg, arm or face

GO TO URGENT CARE

Urgent care clinics should be used for common illnesses and minor injuries, when you need to care today but your illness or injury isn't life-threatening.

Examples include:

- Flu-like symptoms
- Earaches
- Sprains and minor broken bones
- Minor cuts or burns
- Back and body pain
- Migraines

CALL OR SEE YOUR PCP

For most health problems, you should make an appointment with your Primary Care Provider (PCP). They know your health history, and can best care for most medical needs.

Examples include:

- Medication refills
- Regular physicals
- Vaccinations
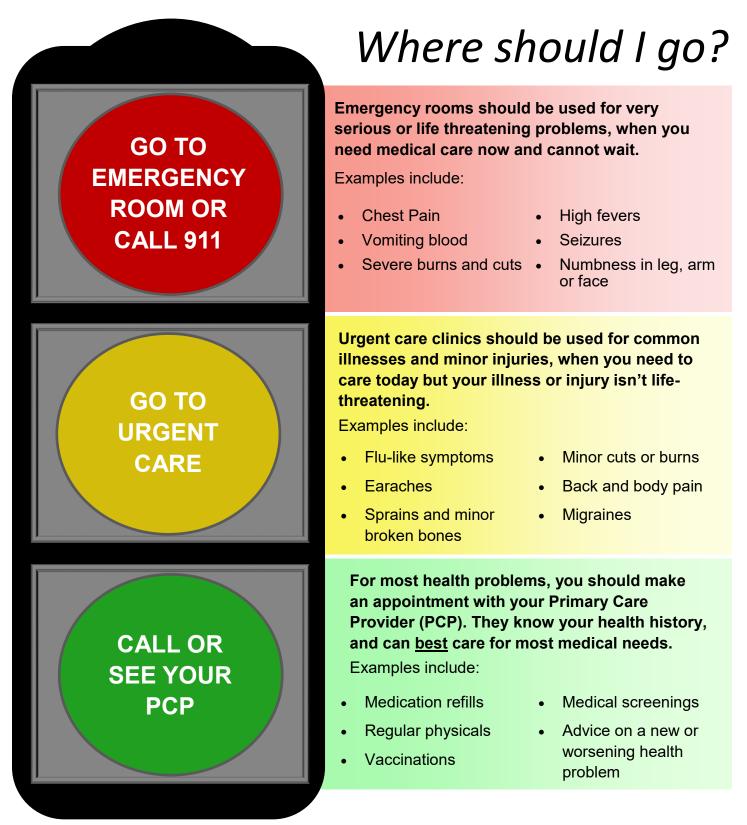- Medical screenings
- Advice on a new or worsening health problem

At Umpqua Health Newton Creek's urgent care, you'll find the right care, at the right place, at the right time